

## MEXICAN CASSEROLE

**UTENSILS:** Large Skillet and Mixing Bowl (may use JUMBO or ELECTRIC – double recipe)

### INGREDIENTS:

2 lbs Ground Beef or Turkey  
1 Pkg Mexican Rice  
28 oz. Jar Picante Sauce  
2 Cans Black Beans  
12 Oz Colby Jack Cheese

### COOKING INSTRUCTIONS:

#### BEEF:

Place two cups of water into the 3 quart sauce pan and place the beef into the 3 quart colander on top of the sauce pan. Cover, whistle open and cook on Medium heat. When the whistle sounds, stir the beef. Continue cooking, whistle closed, on Low heat for 10 minutes or until the beef is done.

#### CASSEROLE:

Combine the Picante Sauce and Rice in a mixing bowl. Layer ingredients in this order: beef, picante sauce & rice, beans, cheese. Cover, whistle open, and cook on Medium Heat. When the whistle sounds, close the whistle and turn heat off. Allow to stand 5-10 minutes. Uncover and sprinkle with tortilla chips.

Serve with sour cream.

May be served as a casserole, tortilla chip dip, or as a tortilla wrap.

