

QUICK ITALIAN

UTENSILS: Master Kut & Electric Skillet

INGREDIENTS:

3-4 Chicken Breasts (or more depending on your family)

1 Zucchini, #4 cones

1 Jar Spaghetti Sauce, any flavor

8-12 oz Mozzarella Cheese

1 cup White Rice

COOKING INSTRUCTIONS:

Preheat Electric Skillet on 300°. Place chicken in skillet and cook 5 minutes on each side. Cover with sauce and zucchini; stir in rice with the sauce. Cover and let cook for 20 minutes. Uncover and grate cheese over the top. Lower heat to simmer and recover. Let sit for 5-10 minutes until cheese is melted. Serve as a casserole.

